

“Pole Vault Winter Training and Camps”

“Maybe you're an awesome athlete getting ready to compete at the college level. Maybe you're an athlete who wants to make varsity next year or even become a state champ. No matter what your goal is we understand that everyone is at different levels our goal is you make this a fun exciting place to train, and provide everything that it takes to get you there”!

“Just like our summer camps, attendees will receive a high level of coaching that will challenge them to work to improve their technique so that they can excel in the upcoming competitive season. Truly start your vaulting season jumping at a higher level than last season”.

We will be offering six week training sessions on Sunday and Wednesday for vaulters of all ability levels from beginner to elite.



"You need to work very hard, you have to spend a lot of time practicing your sport “

Sergey Bubka

Let us Introduce Ourselves!

Fuzion Athletics, Inc. was created in 2008 to help the vault community in Minnesota. Fuzion Athletics provides a number of resources for dedicated pole vaulters: indoor and outdoor technique camps allow for year-round training; pole rentals available to the local vault community make Fuzion the second rental dealer in the world; and traveling opportunities with Team Fuzion help vaulters gain experience and exposure beyond the local scene.

Fuzion is dedicated to building champions of all ages by providing all the tools, techniques, education, and inspiration required to excel in this highly competitive sport. Fuzion Athletics want to give back in helping an athlete continue their hopes to reach US and International success with the financial help of Fuzion Athletics, Inc.

Contact us at
612-987-6147

on -the web at
www.Fuzionathleitics.com

Fuzion Athletics, Inc Office Fuzion Indoor Training Center

5205 Hummingbird Lane
Farmington MN, 55024
612987-6147

2015 Silver Bell Rd
Eagan, MN 55122



Your Pole Vault Specialist

*Come Train with
the Best*



Pole Vault
Camps

Pole Vault Pole
Rentals

Equipment Sales

"Let us help you make your next bar"



To reserve your spot at:

www.FuzionAthletics.com

Click on Indoor Training

1. Print and complete [Camp Registration Form](#) or [Online Registration](#)
2. Print and complete the [Gleason's Waiver Form](#)
3. Mail camp registration and a check to:

Fuzion Athletics, Inc
5205 Hummingbird Lane
Farmington MN, 55024

Pay online at www.fuzionathletics.com Paypal excepted

What included:

- Pole-Vaulting Poles: Fuzion Athletics Full line of poles
- Small groups: 10 vaulters per-session 1:5 ratio
- Camp T-shirt- Dri Fit
- Spike Bag
- Team Fuzion Wrist Protector
- Access to the gymnastics equipment with a trained coach
- Guest Speakers: Elite Pole vaulters and Coaches
- Train with some of the best vaulters in Minnesota
- Great Coaching Staff
- Train on the largest Manufactured Pit in the World
- Video break down of vault
- Discounts on any of Gleason Gymnastics programs

The Sunday 11:30 am Sessions are as follows:

- Session 1: November 8 - December 13 (11/8, 11/15, 11/22, 11/29, 12/6, 12/13)
- Session 2: December 20 - January 24 (12/20, 12/27, 1/3, 1/10, 1/17, 1/14)
- Session 3: January 31 - March 7 (1/31, 2/7, 2/14, 2/21, 2/28, 3/7)

The Sunday 1:30 pm Sessions are as follows:

- Session 4: December 20 - January 24 (12/20, 12/27, 1/3, 1/10, 1/17, 1/14)
- Session 5: January 31 - March 7 (1/31, 2/7, 2/14, 2/21, 2/28, 3/7)

The Sunday 4:30 pm Sessions are as follows:

- Session 6: January 31 - March 7 (1/31, 2/7, 2/14, 2/21, 2/28, 3/7)

The Sunday 6:30 pm Sessions are as follows:

- Session 6: January 31 - March 7 (1/31, 2/7, 2/14, 2/21, 2/28, 3/7)

The Wednesday 7:15 pm sessions are as follows**

- Session 1: November 4 - December 9 (11/4, 11/11, 11/18, 11/25, 12/2, 12/9)**
- Session 2: December 16-January 20 (12/16, 12/23, 12/30, 1/6, 1/13, 1/20)**
- Session 3: January 28 - March 4 (1/27, 2/3, 2/10, 2/17, 2/27, 3/3)**



***Each "Session" consisted of 6 practices for 6 weeks, one visit a week.**

Due to MSHSL rules you cannot jump on your schools poles or equipment in the off-season. At Fuzion Athletic we own our pit, runway, standards and over 150 poles. We are not affiliated with any University, College or High School and do not use any of their facilities for training.

- The cost for a **one time** visit (2 hours) is \$45
- The cost for one **session** is \$250.
- If you sign up for **two sessions** the cost for both is \$450 (savings of \$50)
- If you sign up for all **three sessions** the cost for all three is \$600 (savings of \$100)
- We are offering a "**Full Access Pass**", this allows you to come 2 times a week during any of our schedule dates, this is for the Extreme Vaulter \$950 (savings of \$250))

***** We at Fuzion understand that this is a hard time for everyones budgets, let us know and we will do are best to help you set up a payment plan. So then you can get the most out of us for the lowest cost. We want to take you to the NEXT LEVEL. Let us help you!